Greene County School District

 Aug 12, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 HAMBURGER ON A BUN CHEESY MAC & HAM CORN ON THE COB SEASONED GREEN BEAN LETTUCE,TOMATO,PICKL FRESH FRUIT BOWL ASSORT FRUIT JUICE YEAST ROLL RICE KRISPIE TREAT	Sep - 2 LASAGNA CHICKEN PATTY SANDWI CHEF SALAD FRENCH FRIES W K CORN LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE CHOC CHIP COOKIE	Sep - 3 COUNTRY FRIED STEAK TURKEY POBOY MASHED POTATOES FIELD PEAS LETTUCE,TOMATO,&PICK CANNED FRUIT ASSORT FRUIT JUICE ICE CREAM CUP YEAST ROLL
Sep - 6 LABOR DAY	Sep - 7 CHICKEN NUGGETS CHEESY BRDSTICK/SAUC MASHED POTATOES GLAZED CARROTS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL YELLOW CAKE CHOCOLATE GLAZE	Sep - 8 SPAG W/ MEAT SAUCE BBQ RIB SANDWICH MIXED VEGETABLES SEASONED GREEN BEAN TOSSED SALAD TEXAS TOAST ASSORT FRUIT JUICE FRESH FRUIT BOWL BROWNIES	Sep - 9 TUNA SALAD with Crackers HAMBURGER ON A BUN CHEF SALAD W K CORN LETTUCE,TOMATO,&PICK CANNED FRUIT ASSORT FRUIT JUICE CHOC CHIP COOKIE	Sep - 10 CHICKEN PATTY SANDWI GRILLED CHEESE SANDW FRENCH FRIES BAKED BEANS LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE ICE CREAM CUP
Sep - 13 BEEF BURRITO CHICKEN SPAGHETTI BLACK-EYED PEAS SEASONED GREEN BEAN CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL CHOCOLATE PUDDING	Sep - 14 PIZZA CHEESY MAC & HAM CORN ON THE COB GREEN PEAS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL PEANUT BUTTER COOKIE	Sep - 15 BEEF STICKS HAM AND CHEESE SUB RICE BAKED BEANS LETTUCE,TOMATO,&PICK FRESH FRUIT BOWL ASSORT FRUIT JUICE YEAST ROLL OATMEAL COOKIE	Sep - 16 STEAK W/ GRAVY SLOPPY JOE ON BUN CHEF SALAD MASHED POTATOES SEASONED LIMA BEANS RAW VEGGIES WITH DIP CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL FRUIT COBBLER	Sep - 17 HAMBURGER ON A BUN GRILLED CHEESE SANDW FRENCH FRIES GREEN PEAS LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE ICE CREAM CUP
Sep - 20 PIZZA CORN DOG W K CORN CHEESY BROCCOLI CANNED FRUIT ASSORT FRUIT JUICE VANILLA PUDDING	Sep - 21 TUNA SALAD with Crackers CHICKEN NUGGETS SEASONED GREEN BEAN BAKED BEANS CANNED FRUIT ASSORT FRUIT JUICE YELLOW CAKE CHOCOLATE ICING	Sep - 22 BBQ RIB SANDWICH CHEESY BRDSTICK/SAUC MASHED POTATOES SOUTHERN GREENS CORNBREAD FRESH FRUIT BOWL ASSORT FRUIT JUICE OATMEAL COOKIE	Sep - 23 COUNTRY FRIED STEAK CHILI CHEESE DOG CHEF SALAD RICE BLACK-EYED PEAS GREEN BEANS CORNBREAD CANNED FRUIT ASSORT FRUIT JUICE CHOC CHIP COOKIE	Sep - 24 SPAG W/ MEAT SAUCE GRILLED CHICKEN SAND FRENCH FRIES SEASONED LIMA BEANS LETTUCE,TOMATO,PICKL TEXAS TOAST CANNED FRUIT ASSORT FRUIT JUICE ICE CREAM CUP
Sep - 27 PIZZA CORN DOG NUGGETS PEAS & CARROTS BAKED BEANS YEAST ROLL CANNED FRUIT ASSORT FRUIT JUICE CHOCOLATE PUDDING	Sep - 28 BEEF BURRITO BEEF STICKS RICE SEASONED GREEN BEAN GLAZED CARROTS YEAST ROLL CANNED FRUIT ASSORT FRUIT JUICE FRUIT COBBLER	Sep - 29 HAMBURGER ON A BUN CHEESY MAC & HAM CORN ON THE COB SEASONED GREEN BEAN LETTUCE,TOMATO,PICKL FRESH FRUIT BOWL ASSORT FRUIT JUICE YEAST ROLL RICE KRISPIE TREAT	Sep - 30 LASAGNA CHICKEN PATTY SANDWI CHEF SALAD FRENCH FRIES W K CORN LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE CHOC CHIP COOKIE	

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

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	Average		Target	% of Target		Average		% of Calories	Target
Calories	787		785	100%	Protein	31.86	g	16.19%	14.56
Cholesterol	68*	mg			Carbohyd	109.94	g	55.88%	
Sodium	1572	mg			Tot. Fat	25.32	g	28.96%	<=30.00%
Fiber	6.92*	g			Sat. Fat	9.15*	g	10.47%	<10.00%
Iron	5.35*	mg	4.23	126%					
Calcium	532.93*	mg	370.45	144%					
Vitamin A	2441*	IU	1426	171%					
Vitamin A	447*	RE	285	157%					
Vitamin C	26.30*	mg	17.42	151%					

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