Greene County School District

 Oct 12, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Dec - 1 HAMBURGER ON A BUN CHEESY MAC & HAM CORN ON THE COB SEASONED GREEN BEAN LETTUCE,TOMATO,PICKL FRESH FRUIT BOWL ASSORT FRUIT JUICE YEAST ROLL RICE KRISPIE TREAT	Dec - 2 SHEPHERD'S PIE CHICKEN PATTY SANDWI CHEF SALAD FRENCH FRIES W K CORN LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE CHOC CHIP COOKIE	Dec - 3 SOUP AND SANDWICH TURKEY POBOY FIELD PEAS LETTUCE,TOMATO,&PICK CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD SUGAR COOKIE
Dec - 6 CHEESY CHICKEN/RICE CORN DOG RANCH-STYLE BEANS GREEN PEAS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL VANILLA PUDDING	Dec - 7 CHICKEN NUGGETS CHEESY BRDSTICK/SAUC MASHED POTATOES GLAZED CARROTS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL YELLOW CAKE CHOCOLATE GLAZE	Dec - 8 SPAG W/ MEAT SAUCE BBQ RIB SANDWICH MIXED VEGETABLES SEASONED GREEN BEAN TOSSED SALAD TEXAS TOAST ASSORT FRUIT JUICE FRESH FRUIT BOWL Fruit Crisp	Dec - 9 CHILI W/ BEANS HAMBURGER ON A BUN CHEF SALAD TURNIP GREENS LETTUCE,TOMATO,&PICK CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD CHOC CHIP COOKIE	Dec - 10 CHICKEN PATTY SANDWI PIZZA FRENCH FRIES BAKED BEANS LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE ICE CREAM CUP
Dec - 13 BEEF BURRITO RED BEANS/SAUSAGE RICE BLACK-EYED PEAS SEASONED GREEN BEAN CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD CHOCOLATE PUDDING	Dec - 14 MANAGER'S CHOICE	Dec - 15 *TURKEY AND DRESSING *CHICKEN AND NOODLES *SWEET POTATO *GREEN PEAS *FRUIT SALAD *ASSORT FRUIT JUICE *YEAST ROLL *OATMEAL COOKIE	Dec - 16 STEAK W/ GRAVY SLOPPY JOE ON BUN CHEF SALAD MASHED POTATOES SEASONED LIMA BEANS RAW VEGGIES WITH DIP CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL FRUIT COBBLER	Dec - 17 MANAGER'S CHOICE

	Average		Target	% of Target		Average		% of Calories	Target
Calories	787		785	100%	Protein	31.02	g	15.77%	14.56
Cholesterol	64*	mg			Carbohyd	113.03	g	57.48%	
Sodium	1574	mg			Tot. Fat	24.32	g	27.83%	<=30.00%
Fiber	7.83*	g			Sat. Fat	8.74*	g	10.00%	<10.00%
Iron	5.47*	mg	4.23	129%					
Calcium	517.62*	mg	370.45	140%					
Vitamin A	3056*	IU	1426	214%					
Vitamin A	510*	RE	285	179%					
Vitamin C	28.00*	mg	17.42	161%					

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.***

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.