Greene County School District

 Dec 7, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 5 BEEF STICKS CHEESY MAC & HAM RICE SEASONED GREEN BEAN BAKED BEANS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL OATMEAL COOKIE	Jan - 6 STEAK W/ GRAVY VEGETABLE BEEF SOUP MASHED POTATOES SEASONED LIMA BEANS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL FRUIT COBBLER	Jan - 7 HAMBURGER ON A BUN GRILLED CHEESE SANDW FRENCH FRIES GREEN PEAS Pickle Slices CANNED FRUIT ASSORT FRUIT JUICE SUGAR COOKIES
Jan - 10 PIZZA BEEF-A-RONI W K CORN CHEESY BROCCOLI CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL VANILLA PUDDING	Jan - 11 RED BEANS/SAUSAGE CHICKEN NUGGETS RICE SOUTHERN GREENS BAKED BEANS CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD OATMEAL RAISIN COOKIE	Jan - 12 BBQ RIB SANDWICH CHICKEN AND NOODLES CHEF SALAD POTATO SALAD SEASONED GREEN BEAN FRESH FRUIT BOWL ASSORT FRUIT JUICE YEAST ROLL CAKE W/ ICING	Jan - 13 CHICKEN GUMBO w/ RICE CHILI CHEESE DOG CHEF SALAD RICE BLACK-EYED PEAS CARROT STICKS WITH DI CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD CHOC CHIP COOKIE	Jan - 14 SPAG W/ MEAT SAUCE BBQ WINGETTES FRENCH FRIES SEASONED LIMA BEANS FRESH FRUIT BOWL ASSORT FRUIT JUICE TEXAS TOAST SUGAR COOKIE
Jan - 17 M L K Holiday	Jan - 18 BEEF BURRITO CHEESY CHICKEN/RICE SEASONED GREEN BEAN GLAZED CARROTS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL FRUIT COBBLER	Jan - 19 HAMBURGER ON A BUN CHILI W/ BEANS CHICKEN/FRUIT SALAD CORN ON THE COB LETTUCE,TOMATO,PICKL FRESH FRUIT BOWL ASSORT FRUIT JUICE CORNBREAD RICE KRISPIE TREAT	Jan - 20 LASAGNA CHICKEN PATTY SANDWI CHEF SALAD FRENCH FRIES W K CORN LETTUCE,TOMATO,PICKL CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD CHOC CHIP COOKIE	Jan - 21 COUNTRY FRIED STEAK TURKEY HOAGIE MASHED POTATOES FIELD PEAS LETTUCE,TOMATO,&PICK FRUIT,FRESH ASSORTED ASSORT FRUIT JUICE YEAST ROLL OATMEAL RAISIN COOKIE
Jan - 24 PIZZA SHEPHERD'S PIE RANCH-STYLE BEANS GREEN PEAS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL VANILLA PUDDING	Jan - 25 CHICKEN NUGGETS TACO SOUP/SUN CHIPS MASHED POTATOES GLAZED CARROTS CANNED FRUIT ASSORT FRUIT JUICE YEAST ROLL CAKE W/ ICING	Jan - 26 SPAG W/ MEAT SAUCE BBQ RIB SANDWICH TUNA & FRUIT SALAD MIXED VEGETABLES SEASONED GREEN BEAN TOSSED SALAD ASSORT FRUIT JUICE FRESH FRUIT BOWL TEXAS TOAST OATMEAL RAISIN COOKIE	Jan - 27 BEEF STEW/RICE HAMBURGER ON A BUN CHEF SALAD SOUTHERN GREENS LETTUCE,TOMATO,&PICK CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD BROWNIES	Jan - 28 MANAGER'S CHOICE
Jan - 31 BEEF BURRITO CHICKEN SPAGHETTI BLACK-EYED PEAS SEASONED GREEN BEAN CANNED FRUIT ASSORT FRUIT JUICE CORNBREAD CHOCOLATE PUDDING				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

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Monday **Tuesday** **Wednesday** **Thursday** **Friday**

	Average		Target	% of Target		Average		% of Calories	Target
Calories	792		785	101%	Protein	33.56	g	16.95%	14.56
Cholesterol	77*	mg			Carbohyd	112.35	g	56.73%	
Sodium	1551	mg			Tot. Fat	24.15	g	27.43%	<=30.00%
Fiber	7.86*	g			Sat. Fat	8.21*	g	9.33%	<10.00%
Iron	5.57*	mg	4.23	132%					
Calcium	500.99*	mg	370.45	135%					
Vitamin A	3428*	IU	1426	240%					
Vitamin A	615*	RE	285	216%					
Vitamin C	28.83*	mg	17.42	165%					

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